

Arizona Department of Health Services

The Behavioral Health System at-a-Glance

**Leslie Schwalbe
Deputy Director
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ADHS/DBHS

- The Arizona Department of Health Services is responsible for implementing the State's publicly funded behavioral health services system.
- The system provides services to both Federally eligible (Title XIX and Title XXI of the Social Security Act) and State-only populations.

Behavioral health services include the following:

- **Prevention programs for children and adults;**
- **Services for children and adults with substance abuse and/or general mental health disorders;**
- **Services for children with a serious emotional disturbance; and**
- **Services for adults with a serious mental illness.**

Enrolled Population

November 2004

Populations	AHCCCS Eligible	Federal Enrolled	State-Only Enrolled	Total Enrolled
Children	488,330	32,830	5,097	37,927
Adult-General Mental Health/SA	413,533	45,798	18,210	64,008
Adult Serious Mental Illness		17,510	10,358	27,868
Total	901,863	96,138	33,665	129,803

Funding

The Department of Health Services receives funding to operate the behavioral health system through a variety of sources:

- Title XIX – AHCCCS/Medicaid
- Title XXI – AHCCCS/KidsCare
- Federal Block Grants
- Intergovernmental Agreements
- State Appropriations

Title XIX and XXI

- Federal Title XIX and Title XXI funds may only be used for eligible persons as prescribed by the State Medicaid agency, the Arizona Health Care Cost Containment System (AHCCCS).

Funding Sources

Funding Source	FY 2004 Amount (Actual)/1	Percent of Total Funding
Title XIX (@70.2% Federal, 29.8% State Funds)	\$576,680,046	72.40%
Title XXI (@77.08% Federal, 22.92% State General Fund)	\$14,237,233	1.79%
Federal Grants	\$38,369,750	4.82%
County Intergovernmental Agreements	\$37,254,267	4.68%
State Appropriations	\$125,606,377	15.77%
Other/2	\$4,327,107	0.54%
Total Funding/3	\$796,474,780	100%

Notes to financial information

- 1-Based on ADHS/DBHS State Fiscal Year 2004 Annual Report.**
- 2-Other includes PASARR, Liquor Fees, City of Phoenix, COOL, Crisis Counseling, ComCare Trust, and Indirect.**
- 3- Total funding does not include the appropriations for the operation of the Arizona State Hospital.**

Contract Service Organizations

- The Arizona Department of Health Services manages the delivery system through (5) contracted Regional Behavioral Health Authorities (RBHAs) and three (3) Tribal Regional Behavioral Health Authorities (TRBHAs).

Organization

- The State is divided into six (6) Geographic Service Areas (GSAs) and along county lines.
- The relationship between the counties served and the Regional Behavioral Health Authorities is as follows:

GSA	Counties Served	Regional Behavioral Health Authority
1	Mohave, Yavapai, Coconino, Navajo and Apache	Northern Arizona Regional Behavioral Health Authority
2	Yuma and LaPaz	The Excel Group
3	Santa Cruz, Cochise, Graham and Greenlee	Community Partnership of Southern Arizona
4	Pinal and Gila	Pinal Gila Behavioral Health Authority
5	Pima	Community Partnership of Southern Arizona
6	Maricopa	ValueOptions

Subcontracts

For fiscal year 2004, the RBHAs hold subcontracts with a total of 2,089 providers statewide.

Approximately

- 15% of providers serve **children exclusively**
- 35% of providers serve **adults exclusively**
- 50% of providers serve **both children and adults**

Covered Behavioral Health Services

- **Rehabilitation Services**
 - Living Skills Training
 - Cognitive Rehabilitation
 - Health Promotion
 - Supported Employment Services
- **Medical Services**
 - Medication
 - Laboratory, Radiology and Medical Imaging
 - Medical Management
- **Treatment Services**
 - Counseling
 - Consultation, Assessment and Specialized Testing
 - Other Professional

Covered Behavioral Health Services Continued

- **Support Services**

- Case Management

- Personal Assistance

- Family Support

- Peer Support

- Therapeutic Foster Care Services

- Respite Care

- Housing Support

- Interpreter Services

- Flex Fund Services

- Transportation

- **Crisis Intervention Services**

- Mobile Team Services

- Telephone

- Urgent Care

Covered Behavioral Health Services Continued

Inpatient Services

Hospital

Subacute Facility

Residential Treatment Center

- **Residential Services**

Level II Behavioral Health Residential

Level III Behavioral Health Residential

Room and Board

- **Behavioral Health Day Programs**

Supervised Day

Therapeutic Day

Medical Day

- **Prevention Services**

Service Prioritization for Non-Title XIX/XXI Funding

Non-Title XIX/XXI funds are available but limited and the behavioral health services offered through this fund source are not considered entitlements. Non-Title XIX/XXI funds include, but are not limited to:

- Center for Mental Health Services (CMHS) and Substance Abuse Prevention and Treatment Performance Partnership (SAPT) block grants;
- State appropriations; and
- County funds.

Service Prioritization for Non-Title XIX/XXI Funding Continued

As such, the state has implemented priority populations to be served by each regional and tribal behavioral health authority (T/RBHA). Other priorities may be set within certain geographic areas. Priority populations include:

- Persons with a serious mental illness,
- Pregnant women with substance abuse disorders,
- Injection drug users,
- Parents of children involved with CPS,
- Court-ordered treatment, and
- Persons who lose TXIX eligibility during treatment.

Contract Monitoring

- Assess, monitor and evaluate utilization of services;
- Assess, monitor and evaluate adequacy of network capacity to serve enrolled members; and
- Assess, monitor and evaluate quality of care provided by contractors.

The ADHS monitoring processes include, but are not limited to, the following:

- Individual Case Interventions
- Independent Case Review, including medical record review, review of procedures and interviews with the client and involved parties (providers, family)
- Regular and Special Data Queries and Reports
- Annual Administrative Reviews of each RBHA
- Review of contract deliverables
- Customer Satisfaction Surveys

The ADHS monitoring processes (continued)

- Consumer Complaints
- Access to Care Standards
- Incidents of Seclusion and Restraint
- Mystery Shoppers
- Out-of-State Placements
- 24-Hour Urgent Response
- ValueOptions Corrective Action Plan

Questions?